

NEW CHAPTER FOR T1D CARE

The Type 1 Diabetes Family Centre is entering an exciting new phase of growth. Guided by bold leadership and a clear strategic vision, we are laying the foundations to expand our impact, here in WA and across Australia.

As we farewell our CEO, whose leadership has shaped this course, we're building on the strong foundation he leaves behind. We've already begun scaling specialist clinic services, expanding face-to-face and online programs, and growing our national presence in health professional education.



>>> FAREWELL MESSAGE FROM CEO BENJAMIN JARDINE - AND WHAT'S NEXT FOR THE T1FC

After three transformative years as CEO of the T1FC, I will be stepping down on 11 July 2025 to become CEO of The District Nurses in Tasmania.

During my time here, we've achieved incredible milestones, securing our first-ever State Government funding to expanding from metro WA to rural communities across Australia, strengthening clinical programs, and growing both in-person and telehealth services.

The Family Centre's commitment to clinical excellence and innovation remains unwavering. Recruitment for a new CEO is underway, with plans to expand clinical services, increase program access, and continue building health professional capability through education and training.

To the healthcare professionals, endocrinologists, and GPs across Australia who have supported us—thank you. Your trust and partnership have been vital and will remain so as we focus on improving lives for people with type 1 diabetes.

The T1FC will keep evolving to deliver best-in-class, person-centred care nationwide. It's been an honour to serve this remarkable community, and I leave confident in the outstanding team carrying the mission forward.

Warmly,
Benjamin Jardine, Chief Executive Officer



>>> T1D NUTRITION LEADERSHIP: NATIONAL STAGE

Our Clinical Director, Amy Rush, and Director of Educational Programs, Beth McNally, co-authors of the international guide Therapeutic Carbohydrate Reduction in Type 1 Diabetes, have been invited to present their work at the 2025 Australasian Diabetes Congress and Low Carb Down Under conferences.

This recognition reflects growing acceptance of therapeutic nutrition as a valuable clinical tool in type 1 diabetes management. These sessions offer practical, evidence-based insights for health professionals seeking to build confidence in integrating nutrition-focused strategies into care.



>>> NOW OFFERING ADHD ASSESSMENTS IN PEOPLE WITH T1D

Emerging research shows a strong association between type 1 diabetes and ADHD, with a prevalence of around 5.3%. Symptoms such as inattention, impulsivity, and hyperfocus can interfere with diabetes management, leading to missed boluses, ignored alarms, and irregular routines. Identifying and treating ADHD can significantly improve self-care and outcomes.

To support this need, our in-house psychologist, Natalia Hazel, now offers ADHD assessments at the Family Centre. Referrals can be made via clinic@type1familycentre.org.au.