



**TYPE 1 DIABETES  
FAMILY CENTRE**

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# Your allies in type 1 diabetes care

At the Type 1 Diabetes Family Centre, we share your dedication to providing exceptional care for individuals living with type 1 diabetes.

Driven by our connection to the type 1 community and grounded in lived experience, we offer a range of resources designed to complement and enhance your existing services. This includes clinical consultation, evidence-based educational materials, and specialized support programs.

Let us collaborate with you to empower your patients and optimize their diabetes management. Reach out today to connect with a member of our team who can discuss your specific needs.



## Clinical Director Amy Rush APD, CDE

Meet Amy Rush, an award-winning Accredited Practising Dietitian and Credentialed Diabetes Educator. Amy has been a vital part of the Centre since its launch in 2015, where she has excelled at managing the most challenging type 1 cases. As Clinical Director, Amy leads clinical operations and ensures the delivery of exceptional care. She also serves as a clinical advisor for our educational programs, contributing to the development of high-quality resources for both patients and providers. Amy is eager to connect with you and explore how the Centre can enhance your type 1 diabetes service.

Reach her at [amy@type1familycentre.org.au](mailto:amy@type1familycentre.org.au).



## Beck Newton RN, APD, CDE The trifecta!

Meet Beck Newton, an Accredited Practising Dietitian, Registered Nurse, Credentialed Diabetes Educator, and Credentialed Eating Disorder Clinician.

Beck's unique expertise enables her to provide holistic support to patients, addressing the physical, emotional, and behavioural dimensions of their care and empowering them to achieve lasting self-management success. Beck is also our expert in diabetes related disordered eating and using nutrition to support mental health.

Refer patients to Beck  
[clinic@type1familycentre.org.au](mailto:clinic@type1familycentre.org.au)



## Beth McNally Health Care Professional Education

Meet the newest addition to the Family Centre team - Beth McNally, MS, CNS, LDN. Beth is taking a lead role in the Type 1 Diabetes Family Centre's Health Care Professional Education programs. Beth combines her expertise as a clinical nutritionist with a profound personal understanding of T1D, gained through her own son's experience. Internationally renowned for her work in nutrition and type 1 diabetes, she is enthusiastic about launching our innovative online course for healthcare providers focused on therapeutic carbohydrate reduction nutrition therapy. Reach out to Beth at [beth@type1familycentre.org.au](mailto:beth@type1familycentre.org.au).



## Dexcom G7 Now on the NDSS

Great news for the type 1 community! The Dexcom G7 CGM is now available through the NDSS, making advanced diabetes management more accessible than ever before.

The Type 1 Diabetes Family Centre is dedicated to helping your patients benefit from this technology as soon as possible. Our clinicians are offering efficient and affordable email consultations to make the move to Dexcom G7 as quick and painless as possible. For more information and referrals, please contact our clinic: 08 94466446 or [clinic@type1familycentre.org.au](mailto:clinic@type1familycentre.org.au).

Please feel free to share this flyer with your patients and direct them to the contact details above.