



**TYPE 1 DIABETES
FAMILY CENTRE**

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Free at the Family Centre

The Type 1 Diabetes Family Centre is place for every person impacted by T1D.

For Your Patients: We provide clinical support, online education and social connection to people living with type 1 diabetes and the people in their world.

For You: We provide face-to-face, online and downloadable education resources for all healthcare professionals working in the type 1 diabetes space.

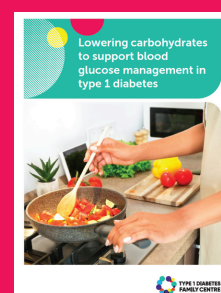
And we know everyone likes free stuff! This month we highlight some of the free services the Type 1 Family Centre is offering to both you and your patients.



GP Education Evening Wrap up

The GP may not be the expert in blood glucose management, but they play a crucial role in the overall health of a person with T1D. The GP is the patient's trusted centre of the care team and we set out to upskill WA GPs to feel confident and competent in this role. The evening was a huge success, with 52 attendees learning the latest on insulin and technology and what their role is in type 1 care. They also had the opportunity to try the tech for themselves, thanks to a generous sponsorship from Abbott Diabetes. Stay tuned for future education events.

Carbohydrate Modification in T1D Get the booklet!



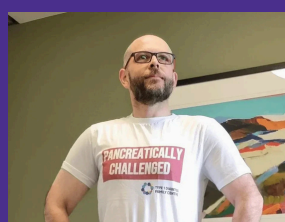
Our 2024 ADC Masterclass 'Safe and effective therapeutic carbohydrate modification in type 1 diabetes' sparked healthy conversation about this important topic. The takeaway: carbohydrate modification is a potent new tool in the T1 self management armoury. If you missed the session but would like to know more email Amy for the Masterclass Booklet! amy@type1familycentre.org.au



Connect the T1D community over coffee!

T1D is a relentless, 24/7 condition that can feel overwhelming and isolating. The Type 1 Diabetes Family Centre's coffee catchups are a great example of the centre's crucial role in connecting the type 1 community, creating a space where every person living with type 1 can feel supported, a place where everyone 'just gets it'.

We have on and offsite coffee catchups for adults with T1D and parents of children with T1D. Refer your patients to our phoneline 94466446 and we can let them know when and where we will meet next!



Tribe Talk: For all things T1D

Tribe Talk is our monthly e-newsletter for anyone impacted by or interested in type 1 diabetes. We cover everything from the latest technologies and medicines through to practical tips for living well with type 1 diabetes. Recipes, blogs, tips and tricks, news – we've got it all. This is a great resource for anyone impacted by type 1, including healthcare professional working in the type 1 space Sign up for free here: <https://www.type1familycentre.org.au/e-newsletter> or read the latest articles here: <https://www.type1familycentre.org.au/tribe-talk>

Please feel free to share this flyer with your patients and direct them to the contact details above.