

Carers' Education



A short workshop to train carers to support a person with type 1

Managing type 1 diabetes is a 24-hour per day task involving a frequent and ongoing series of calculations and insulin administrations. It requires consistency and diligence. As there are serious consequences of poorly managed diabetes, many people lack confidence when supporting someone with the condition.

In our Carers' Education workshop, we take you through the essential information and show you how you can become competent and confident when caring for someone with type 1.

Our hands-on, practical, and informative two-hour workshop is delivered by our Credentialed Diabetes Educator, Bec Ritchie. With an extensive background working in paediatric diabetes, Bec works with carers to ensure the education is specific and appropriate for the individual.

Participants receive a customised education manual that can be referred to later.

Workshops can be run virtually or face-to-face, and are suitable for schools, daycare centres, after-school-care centres, and carers of people with a disability.

Bookings: <https://bit.ly/EastCoastT1DCarerEdEOI>

\$650

Up to 6 people,
virtual or face-to-
face, <40km from
Bendigo

\$750

Face-to-face,
40–80km from
Bendigo

All prices quoted ex-GST

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**TYPE 1 DIABETES
FAMILY CENTRE**

WE'RE IN THIS TOGETHER