



TYPE 1 DIABETES
FAMILY CENTRE

FREE
SERVICE*

T1D Navigation Service

The Type 1 Diabetes Family Centre's T1D Navigation Service offers personalised support for people living with type 1 diabetes and their families. We work alongside you to help navigate the emotional, social, and practical challenges of life with T1D, and connect you with the supports that feel right for your needs.

We understand that living with T1D can sometimes feel overwhelming or isolating, and knowing where to start isn't always easy. Our navigation service offers a supportive space to talk through what's happening for you, explore your needs, and make the next step feel clearer by connecting you with the support options available.

This statewide service includes a free* appointment, available either face to face at the Type 1 Diabetes Family Centre or via telehealth, giving you space to talk things through with someone who understands.

What We Offer

- Gentle, individual support sessions shaped around what matters most to you
- Support to explore community programs and services that may be the right fit
- Help to find pathways to psychological, emotional, and practical support
- A safe, caring space to talk, ask questions, and feel heard without judgement
- Led by a qualified counsellor who brings lived experience as a parent of a child with T1D.



FOR FURTHER DETAILS AND TO REGISTER YOUR INTEREST:

<https://www.type1familycentre.org.au/care-navigation>



* Thanks to the generous support of WA Health, we are pleased to be able offer a free 45-minute session for eligible clients:

- People who are newly diagnosed (within 18 months), and
- Individuals aged 17–30

Please enquire with the team for more details:
Ph 08 9446 6446 | clinic@type1familycentre.org.au



Run by:

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With the generous support of:



Government of Western Australia
Department of Health