



**TYPE 1 DIABETES
FAMILY CENTRE**

Annual Review

For the financial year ended
30 June 2023



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Vision

A confident, competent, and connected type 1 community in Western Australia.

Mission

We offer effective education programs, supportive connections, inspirational role models, friendly allied healthcare, action-packed events, and family and adolescent camps to help people living with type 1 live without limits.

Values

Action
Collaboration
Empathy
Excellence
Flexibility
Integrity



About the Type 1 Diabetes Family Centre

Our background

The Type 1 Diabetes Family Centre was founded by people who know how tough, lonely, isolating, and unrelenting type 1 diabetes can be, and how it impacts people, families, and our community at large.

They wanted to do something about changing that. And so, in 2012, the Family Centre started its journey towards becoming an Australia-first organisation to support people with this challenging, and often misunderstood, condition.

Today, we are a one-of-a-kind community service providing a unique, specialist service for anyone impacted by type 1 diabetes across Australia.

Our aim

At the Type 1 Diabetes Family Centre, we work to ensure that every person impacted by type 1 diabetes in Western Australia has access to the services and support they need to live a rich, full life with type 1 diabetes.



Strategic direction

Since 2020, the Family Centre has focused on seven core strategies aimed at strengthening support for people with type 1 diabetes across Western Australia.

- 1 Be known**
Be known as the go-to organisation for type 1 diabetes information and support in WA.
- 2 Create confidence**
Ensure that people who engage with our service become more knowledgeable about diabetes and feel able to manage it confidently.
- 3 Create connection**
Build strong, positive networks of people impacted by type 1.
- 4 Create capacity**
Ensure that long-term planning and sustainability is enabled by successful fundraising and prudent investment.
- 5 Represent the type 1 community**
Build better awareness of type 1 in the community at large, and advocate for people with type 1.
- 6 Value our people**
Ensure our team is skilled, supported, motivated and effective.
- 7 Govern well**
Ensure we are governed effectively, and that our Board is skilled, strategic, and effective.

Objectives

Connecting communities

The Family Centre connects thousands of Western Australians impacted by type 1 diabetes through online services, innovative programs, and collaborative face-to-face events. Whether it's a workshop or talk, a transformational camp for families or teens, or a dinner or a sundowner for adults, the Family Centre enables community connection through as many touchpoints as possible.

Trailblazing healthcare

The Family Centre's clinic provides life-changing support. Our clinic educates and empowers patients and provides access to vital technology.

Education and awareness

Through individual consultations, group workshops, peer support, and online courses, the Family Centre offers practical information and vital know-how to help people impacted by type 1 build their capacity to self-manage their condition effectively.

Specialist psychology service for people with type 1 diabetes

At the Type 1 Diabetes Family Centre, we recognise that mental wellbeing is just as important as physical wellbeing. In appreciation of this, we offer a mental health service to support people of all ages.

Our programs, services and events

To thrive, people with type 1 diabetes must understand and manage the complex interrelationship between insulin, food, exercise, sleep, stress and technology. These are the fundamentals necessary to self-administer insulin, a life-saving hormone, every day for the rest of their lives. Without accurate insulin dosing, people with type 1 diabetes face a lifetime of complications, disability and even premature death.

But these are only the fundamentals. To ensure that type 1 diabetes does not stand in the way of a life well lived, people with the condition must do so much more than just medically manage their condition. Type 1 diabetes is with us every day of our lives, in every situation, and people require the skills to manage the demands of the condition in their daily lives, fitting in management around their complex and busy life, their goals and aspirations. It is all too easy for type 1 diabetes to be the reason that individuals and families lose joy from their lives, their days becoming "smaller", harder and less full of the things that give us meaning.

We recognise that type 1 diabetes is not just a condition to be medically managed. It is a condition that must be made to fit into our day-to-day lives, without sacrificing our goals and aspirations. That isn't easy, it takes mental resilience, it takes a great support network, it takes a tribe.

At the Family Centre we offer programs, services, events and support to help people impacted by type 1 diabetes to not just survive with type 1, but to thrive. We help people thrive in every aspect of their lives, staying physically healthy, mentally strong and connected to their supporters and community.

Under development

At the Family Centre we understand the incredible power of peer support and connection in lessening the burden of living with type 1 diabetes. No one should face a life with type 1 alone, and no one understands what it is like to live with this complex and ever-present condition like another person with type 1. We know the power of sharing lived experience of life with type 1, and the extraordinary practical wisdom that people living with this condition develop over their life. Almost universally, people who have lived with type 1 want to share their experience, their wisdom and their practical advice with others facing this complex condition.

Sharing lived experience and connecting people with type 1 is the DNA of the Family Centre and occurs everyday in our amazing community. Our goal now is to strengthen these connections into formal, targeted mentoring programs. We know that there are times in life when type 1 diabetes is particularly challenging, whether that is when someone is newly diagnosed, moving away from parental management of their condition or many other challenging life stages. Adapting to these challenges is about more than education, it involves developing new behaviours, new habits and new confidence to face the day to day challenges of a life with type 1. We believe that there is no one better placed to support people through these challenging periods than others who have lived similar experiences, who are committed to helping others have an easier time through these periods and understand the realities and nuances of diabetes management in the real world. We are working to develop a range of mentors and coaches who will provide the practical support, guidance and nudge in the right direction that no one who lives free from type 1 could ever hope to give.

In addition to this existing health coaching and mentoring program, we continue to develop our suite of practical, evidence based digital learning products. These products ensure that wherever a person is, they can access the best advice, as well as hear the voice of others who live with the condition. We look forward to continuing to expand the toolkit available to people living with type 1, wherever they are across Australia.

We are the only place in Australia offering such a multifaceted, integrated approach.

Major programs, services and events

Camps

Teen Camp

Teen Camp helps young people become more independent in managing their condition. They meet other adolescents with type 1 diabetes, and adults who live well with type 1. They also interact with health professionals in a non-clinical environment, and benefit from workshops designed to build their resilience. The kids love the Camp — and their parents get a break!

Family Camp

Family Camp can be a transformative experience, particularly for families dealing with a recent diagnosis. The time away provides a chance to absorb some of the information that has been presented — it is such a steep learning curve! Parents get a moment's respite from monitoring alarms 24-hrs/day, knowing that others around them know what to do, should an issue arise. Kids with type 1 meet others with the condition, which helps normalise it, and can help get over the fear of needles or feel less overwhelmed by technology. Siblings meet other children whose brothers or sisters have type 1, and get to be less fearful about what might go wrong, or a little more accepting about not being the focus of attention.



Teen Camp



Family Camp

Clinical services

Individual consultations are available at the Family Centre. Our team of healthcare providers offers type 1 diabetes-specific psychology support, diabetes education, dietetics, exercise physiology, and HbA1c testing.

Effective diabetes education services are crucial in empowering individuals to take an active role in managing their condition, promoting a healthier lifestyle, and reducing the risk of complications associated with diabetes.

Digital communities

To support the type 1 community, we build and manage vital lifelines — online health communities, with specific forums for adults living with type 1 diabetes, parents with children with T1D, people impacted by T1D who live in the South West, and a Playgroup aimed at connecting mothers with pre-school aged children.

These forums connect the WA type 1 community all day, every day. With thousands of members and tens of thousands of engagements each month, they are the places to turn for information, connection and support. It ensures that our members can be assured that they are not alone. They have access to a group of peers who understand the daily grind, can offer emotional support, and provide practical tips — all at their fingertips.

Workshops and intensive education

FlexIT

The Flexible Insulin Therapy — or FlexIT — workshop has been designed by one of the leading diabetes institutes in Australia, Baker Heart & Diabetes Institute. The two-day group-based education workshop teaches the concepts of flexible and effective insulin adjustment. It shows people with type 1 diabetes how to make insulin work with their lifestyle.

Babysitters' and Carers' Education sessions

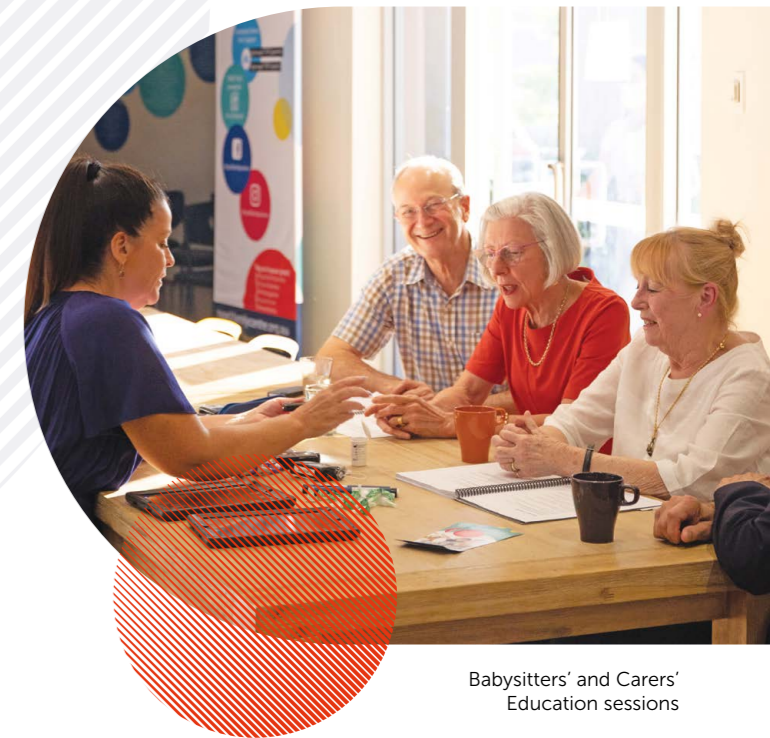
These short workshops are tailored to an individual child's needs. They are designed to train friends and family to confidently babysit a child with type 1, or day-care centres or other carers to care for someone with this complex condition.

Information evenings

Our information evenings educate, support, and connect people impacted by type 1 diabetes. They equip individuals and their families with the knowledge and resources to manage this complex condition effectively.



Cyber Carbs



Babysitters' and Carers' Education sessions

These evenings provide essential information about managing the condition effectively, offer valuable insights into the latest technological advancements, and encourage a proactive approach to managing type 1. They also enable the participants to share their experiences, creating a sense of community. The impact is profound, as attendees leave these gatherings feeling empowered, more in control of their health, and less isolated, ultimately improving the quality of life for those affected.

Digital education

Type 1 Essentials Online Learning Program

Type 1 Essentials (T1E) is a 12-module online course that covers all the information essential to managing T1D effectively. Suitable for the newly diagnosed through to people who have been living with the condition for many years, it is designed to help people quickly upskill their type 1 knowledge, and provide a guide to support the life-long journey.

Cyber Carbs

A world-first interactive online carbohydrate counting course designed by the Family Centre.

Major programs, services and events

Social and family events

Kids in the Kitchen

Learning to cook healthy food is a critical skill for effective type 1 management, and meeting other young people with the condition helps establish important peer networks. This fun activity achieves both!

Surfing excursions

Managing type 1 diabetes can be extra challenging when adrenaline (excitement!) and cold water immersion are added into the mix. Therefore, some children and young people are reluctant to engage in water sports.

Our surfing excursions allow them to expand their comfort zone, and build practical diabetes management skills, all in a safe, controlled environment.



Surfing excursions



Kids in the Kitchen

Social catch-ups

From coffee catch-ups to nights at a local restaurant, the Family Centre provides opportunities for members of the T1D community to connect in relaxed, informal settings. Connecting with others with the same chronic disease provides emotional and informational support. Shared experiences foster empathy and understanding, and create a safe space to discuss struggles and coping mechanisms. Exchanging information about treatment options, lifestyle adjustments, and coping strategies helps navigate managing a chronic illness. Mutual encouragement and shared insights empower individuals to confront their condition with resilience and hope.

School holiday programs

We know what it is like for children and parents to try and manage type 1 alone. We know what it is like to be the only kid at a party with type 1 and feel different or excluded. We know what it feels like to parent a child with type 1 and feel like no one understands what is involved in managing this challenging condition.

Knowing this, we aim to create experiences that let kids with T1D see that they are not alone (lots of other kids have type 1), and provide them with a space where they can be carefree and have fun, without feeling 'different' or excluded, because they know they are surrounded by people who get it! These activities also allow kids to engage in all the activities that their friends do, knowing that they will be safe and type 1 need not hold them back.

At the same time, parents can take a break from worrying about diabetes. They can enjoy seeing their child full of joy, while being assured they are safe. Parents can connect and share experiences with others who understand.

Special programs

LEAP Program (Learning, Empowerment, Acceptance, Possibility)

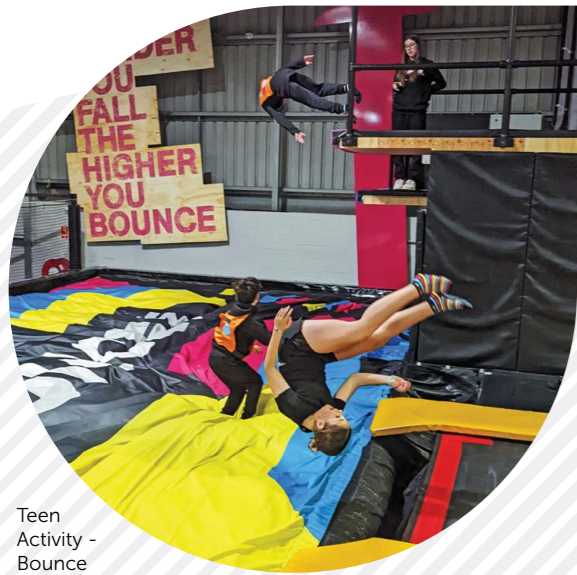
Our groundbreaking LEAP program is designed to address the critical challenges associated with the care for teens with type 1 diabetes during the shift from paediatric to adult services, and as they transition from parental care to self-managing their condition.

The documented risks associated with this transition are significant, so we're taking inspiration from global clinical consensus guidelines and crafting a transition support service that encapsulates a comprehensive approach that goes beyond the standard education plan. LEAP emphasises not only understanding the intricacies of managing T1D, but also the significance of peer support, mental health, and the role of parenting styles in building resilience and nurturing connected relationships, all designed to empower and prepare teens for a healthier, more confident future.



LEAP Program

2022-23 calendar



Teen Activity - Bounce

July 2022

- Teen Activity at Bounce Cannington
- Kids in the Kitchen
- Kids Workshop – Kaboom Percussion
- Type 1 Mothers' Group Coffee Catch-up
- Family Centre Community Mid-Year Celebration
- FlexIT Workshop

August 2022

- Type 1 Adults Coffee Catch-up

September 2022

- Information Evening: Type 1 Diabetes and Employment
- Teen Camp
- Kids in the Kitchen

Kids Excursion - Swan Valley Cuddly Animal Farm



Teens Cooking Workshop

October 2022

- Kaboom Percussion Teen Workshop & Lunch
- Kids Yoga
- Spring Family Camp
- Flametree Wines Luncheon

November 2022

- Type 1 Mothers' Group Coffee Catch-up
- FlexIT Workshop
- Dr Bill Polonski visits the Family Centre

December 2022

- Family Centre Community Christmas Event

January 2023

- Summer Family Camp
- Teen Cooking Workshop
- Kids in the Kitchen

February 2023

- Surfing Excursion
- Type 1 Mothers' Group Coffee Catch-up

March 2023

- FlexIT Workshop
- Information Night: Educate Your Support Network
- Type 1 Adults Dinner

April 2023

- Kids Excursion – Swan Valley Cuddly Animal Farm
- Kids Craft Workshop – Kreative Kicks

May 2023

- T1 Teen Toolkit Education Night: Staying Safe with T1D
- Flametree Wines Luncheon
- Type 1 Mothers' Group Coffee Catch-up

June 2023

- Type 1 Teen Toolkit Education Night: Exams, Driving, Transition to Self-Management
- Type 1 Essentials Online Learning Program Launch



Kids Craft Workshop



Our year in numbers

OVER
2,300
FAMILIES SUPPORTED
BY THE FAMILY
CENTRE – AND
THE NUMBER IS
INCREASING

4
ACTIVE AND GROWING
ONLINE HEALTH
COMMUNITIES WITH OVER
2,300
MEMBERS IN OUR TWO
MAIN COMMUNITIES

25
TEENS
ATTENDED TEEN
CAMP

LAUNCHED
**TYPE 1
ESSENTIALS** –
THE COMPLETE ONLINE
GUIDE TO LIVING WELL
WITH TYPE 1 DIABETES

35
EDUCATION AND
COMMUNITY
EVENTS
DELIVERED

TYPICALLY
3 – 4
EVENTS
PRESENTED
EVERY MONTH

36
MINI CHEFS
PARTICIPATED
IN KIDS IN THE
KITCHEN

4,546
INTERACTIONS PER
MONTH IN OUR
ONLINE HEALTH
COMMUNITIES

34
FLEXIT
WORKSHOP
PARTICIPANTS

2,111
TOTAL CLINIC
APPOINTMENTS

75
FAMILY CAMP
(SPRING +
SUMMER)
ATTENDEES

4
T1D SPECIAL
INTEREST
EVENINGS
PRESENTED

APPROXIMATELY
8,500
FOLLOWERS ON
OUR PUBLIC SOCIAL
MEDIA PLATFORMS

Chair report

The Type 1 Diabetes Family Centre is a trailblazing organisation that has had an extraordinary journey over its first decade supporting the T1D community in Perth. As the new Chair of the organisation, I am inspired by the vision created by those who have come before me and the reality they have created. The T1DFC team and its Board are firmly committed to building upon the legacy of this unique organisation. The opportunities ahead of us are huge as we seek to broaden the offerings, capabilities, and reach of the Centre. I am delighted to present my first Chair Report.

Standing on the shoulders of giants

As I take on the Chair role at the Family Centre, I must acknowledge the visionary leadership of our founding Chief Executive, Rebecca (Bec) Johnson. The Family Centre would not be where it is today without her extraordinary passion, commitment, and personal drive to see every person with type 1 diabetes live life to the fullest. Like so many members of the tribe, my family met Bec early in our journey with type 1 diabetes and could not help but be inspired. I am honoured to now work alongside Bec in her role as a Board Director and delighted to welcome her as the third person to be recognised as an organisational visionary by the Centre.

I must also take the opportunity to express my sincerest thanks and well wishes to outgoing Chair Rob Towner. As we seek to expand the Family Centre's impact, I am reminded that we would not be where we are today without Rob's personal efforts over almost a decade. Rob has given selflessly and tirelessly for the Centre, in particular blazing the trail to secure the Centre's financial sustainability through inexhaustible fundraising efforts and in particular, the development and sponsorship of our signature Flametree Wines luncheon. It is only fitting that such unparalleled efforts were recognised this year as we appointed Rob our inaugural Life Member.

I would also like to take this opportunity to recognise and thank the entire team at the Family Centre for the amazing work they do every day for the Perth community. They are on the frontlines, providing advice, support, care and a listening ear for families navigating

this challenging condition and the changes it brings to everyday life for the whole family. They work tirelessly, often over weekends, travelling across WA and reaching out across Australia with endless enthusiasm, positivity, and commitment. Over the last year, despite changes in leadership and a challenging funding environment, the team has never wavered in its commitment to ensure that lives are not needlessly restrained by type 1 diabetes. In fact, not only did the team weather these challenges, but they thrived. I am particularly proud of the team's work on the Type 1 Essentials online program, an essential curriculum for people with type 1 diabetes and a world-class production effort.

A lifeline when it is needed most

My commitment to the Family Centre is very personal and was created through my family's own experience when our son Jack was diagnosed with type 1. While the quality of clinical care we received at Princess Margaret Hospital was world-class, the support, connection, and guidance we received through the Family Centre as we navigated our new beginnings as a family managing type 1 made our journey so much more manageable.

Being the direct beneficiary of such an amazing community service, I am reminded that this is the only facility of its kind in Australia, and, as far as we know, the world. We have a sizable and significant job ahead of us to ensure that no family navigates the challenge of type 1 diabetes alone, and that the best of the Family Centre's trailblazing programs and services can be accessed wherever someone happens to be.



Peter Bennett, Chair

New frontiers

With this urgent and important challenge ahead of us, we were delighted to welcome our new CEO, Benjamin Jardine, to the organisation. Benjamin's combination of more than two decades of experience living with type 1 as well as a decade of leading social purpose organisations to achieve transformative growth and impact across Australia makes him uniquely qualified to accept the baton from Bec.

The impact of Benjamin's leadership was immediate as he assumed the role. He has already begun to lay the building blocks for the next stage of the Family Centre's remarkable journey. Our new and expanding digital offerings, including the Type 1 Essentials course, provide a much greater reach for our

services and support, while services such as LEAP seek to support vulnerable, isolated, and disconnected people with T1D to connect with their tribe.

We look forward to FY24, where we will continue to expand our reach, increase our connection to the health system and champion a model of care that emphasises living life well with type 1 diabetes, not simply surviving this challenging disease.

Peter Bennett
Chair

CEO report

A new era

The 22/23 financial year was a year of significant change for the Type 1 Diabetes Family Centre, and I am honoured and humbled to bring you this report, my first as Chief Executive of this extraordinary organisation. Before I share some highlights of the year that was, I would be remiss not to acknowledge the extraordinary contributions of our founding Chief Executive, Rebecca Johnson.

Bec was acknowledged this year as a Family Centre Visionary as she transitioned from her role leading the Family Centre whilst retaining her position as a Board Director, overseeing the next chapter of the Family Centre's journey. Bec led the Family Centre from its earliest days, transforming a dream and a concept into the thriving, one of a kind international exemplar it is today. We are beyond grateful for her inexhaustible efforts and unwavering commitment to transforming the lives of people impacted by a condition she herself grapples with every day. We remain in her debt, in awe of her personal achievements, and delighted by her continued commitment to the type 1 diabetes community.

Alongside farewelling Bec from her role as CEO we also said farewell to founding Board member and former Chairperson Rob Towner. Rob is truly a remarkable individual, having no personal connection to type 1 diabetes but giving selflessly of his expertise, energy, passion, and commitment to the cause. Through his own personal efforts and contributions raised from the Flametree Luncheon – Rob's signature fundraising event for the Family Centre, he attracted more than half a million dollars of funding for the Centre. Rob's contributions were vital in securing the sustainability of the Family Centre for years to come. Again, we are indebted to Rob for his contributions and were delighted to welcome him as the inaugural Life Member of the Type 1 Diabetes Family Centre. I could think of no better person to be the first Life Member of the organisation he so dearly supports.

Transforming type 1 diabetes management

This year with a new Board Chair in Mr Peter Bennett, and a new Chief Executive, we took the opportunity to take the extraordinary foundations we had been gifted with and imagine how we can take our one-of-a-kind model of care and make it available to each person and family impacted by type 1 diabetes across Australia. We began to imagine a world in which the Family Centre's belief that

every person with type 1 can live a life that is unrestrained by type 1 diabetes becomes the normal expectation.

One of the keys to achieving our vision will be ensuring that people living with type 1 diabetes are equipped not only with great medicine and great technology, but the education and knowledge to confidently manage their condition day to day, moment to moment. To that end, in the 22/23 financial year we commenced a range of new services including our LEAP program to support teenagers moving from parent-management to self-management of type 1 diabetes and launched our digital education platform, T1Learning – a hub for online education specifically for the challenges of navigating a life with type 1 diabetes.

We continued to grow and scale our services, adding Life Coaching and Exercise Physiology to our range of support while substantially scaling our clinical offerings in Diabetes Education, Dietetics and our one of a kind focussed community-based psychological service.

The Family Centre retains its focus on not only providing great advice and clinical support but connecting people living with type 1 diabetes with their "tribe", other people and families navigating this challenging condition. Our online and face-to-face support groups continued to grow and expand, now supporting more than 2300 people impacted by type 1 diabetes across Western Australia and beyond.

A sustainable base from which to grow

The Family Centre continues to be in a strong financial position and I would like to take this opportunity to again thank our sponsors and donors for their enduring commitment to the Family Centre. Thanks to the brave and forward-thinking investment of our generous supporters, the Family Centre continues to innovate and push the boundaries of what is possible in the support of type 1 diabetes. We sincerely and humbly thank our Major Supporters, for without their enduring commitment, we would not be able to do what we do.



Benjamin Jardine, CEO

I would also like to acknowledge and thank the Family Centre team members, who have shown endless commitment to the cause in spite of significant changes to the Family Centre leadership and the lingering effects of the COVID-19 pandemic. There is no question that the Family Centre would not be the trailblazer it is today without its dedicated core of passionate, enthusiastic team members and volunteers who give so generously to support others.

Forging new links

In FY 23 we extended our partnerships with like-minded organisations to transform diabetes management. During this year we welcomed Dr William Polonsky, President of the Behavioural Diabetes Institute in San Diego, to the Centre to speak about the role of mental health support in type 1 diabetes care and reinforce our commitment to psychological wellbeing in chronic disease management. We were delighted that Dr Polonsky, a pre-eminent leader in this space recognised the uniqueness of the Type 1 Diabetes Family Centre's model internationally and commended our commitment to emotional and psychological supports for people with type 1. We continue to explore partnerships with leading organisations in the field both nationally and internationally as we champion our self-management based approach.

We also worked diligently to deepen our relationship with other diabetes services including our world-class tertiary diabetes care centres across Western Australia. Effective community-based management of type 1 diabetes relies on access to world-class acute care when required and we are pleased to be working increasingly closely with WA's medical teams.

Looking to the future

As we look towards new horizons for the Family Centre, we are excited by the opportunity to reach more and more people impacted by type 1 diabetes with excellent services alongside a message of hope and aspiration for a life well lived.

Thank you to everyone who has been with us on the journey in this incredible year.

Benjamin Jardine
Chief Executive Officer

Our board



Mr Peter Bennett
Chair (Elected to position
23 February 2023)

Peter commenced his career as a graduate mechanical engineer with CB&I in Australia. During his 26-year tenure, Peter progressed through a diverse range of roles including engineering, project management, business development, operations management, corporate function management and general management. Prior to joining Clough, Peter was President, Oil & Gas International for CB&I, based in The Hague. He now has over 30 years of experience in the energy and infrastructure contracting service sector. His experience spans contracting business process, operational, and corporate leadership.

Peter is passionate about diversity, equity and inclusion and is an avid advocate of its importance. Peter also mentors numerous young professionals and people across the industry.



Mr Rob Towner
Chair
(Concluded 23 February 2023)

Following a successful stockbroking career spanning 20 years, Rob has founded several companies and is the former Managing Director of ASX-listed Triangle Energy (Global) Limited. In 2007 Rob and his family established the successful boutique Margaret River winery, Flametree Wines.

Alongside his unwavering commitment to raising funds for the Family Centre, Rob is an active participant in his community, and has been a long-term member of several local sporting clubs. Rob has also served on the Christ Church Grammar School Old Boys' Association as a committee member.



Ms Maria Cavallo
Company Secretary

Maria holds a Bachelor of Business Degree with a double major in Accounting and Public Practice, is a Chartered Accountant and is recognised as a Registered Company Auditor by the Australian Securities and Investment Commission. She joined AMD Chartered Accountants as a Graduate Auditor in 2001 and was appointed a director of the firm in 2012. In addition, Maria is the Western Australian representative on the Chartered Accountants Australia and New Zealand Regional and Rural Advisory Committee.

Maria is actively involved in her community. She serves on the Edith Cowan University South-West Campus (Bunbury) Advisory Board; is Deputy Chair of the Bunbury Cathedral Grammar School and Chair of the Finance sub-committee; is a council member of the Catholic Diocese of Bunbury Diocesan Finance Council; serves as Treasurer of the Bunbury Cathedral Grammar School Old Grammarians' Association Inc; and is Treasurer of the Catholic Parish of Donnybrook – Capel & Kirup. She brings exceptional governance and finance skills to the Family Centre board.



Ms Bec Johnson
Director

Diagnosed with type 1 in 2001, Bec is passionate about helping people with diabetes. Winner of the 2020 Business News 40 under 40 People's Choice and HBF Community/Non-Profit/Social Enterprise Awards, Bec holds qualifications in Law and Arts (UWA), a Master of Public Health (USyd), and a Diploma of Business (Governance). Bec is an Associate Fellow of the Australasian College of Health Services Management, a Fellow of the Australian Institute of Community Directors, and a Fellow of Leadership WA. She is the only Australian to have been selected as one of the 100 Fellows of the global Facebook Community Leadership Program.

Bec believes that there are no limits on life with type 1 diabetes, and she has swum solo across the 19.7-kilometre Rottneest Channel five times, sailed across the Atlantic, and become a SCUBA dive guide to prove it.



Dr Joey Kaye
Director

Dr Kaye is a consultant endocrinologist and current Head of Department, Diabetes and Endocrinology at Sir Charles Gairdner Hospital. He is a graduate of the University of Western Australia and completed his advanced training in Diabetes and Endocrinology at various hospitals in Western Australia as well as in Bristol, United Kingdom.

In addition, he holds the role of Clinical Senior Lecturer at the University of Western Australia. Dr Kaye has a PhD in stress neuroendocrinology that he undertook at the Henry Wellcome Laboratories for Integrative Neuroscience in Bristol, UK.



Professor Frank Daly
Director

Professor Daly has thirty years of experience in the health care sector as a clinician, academic, clinical leader, executive and advisor. His highest priorities are patient safety, quality care and patient experience.

Professor Daly has worked in an Australasia-wide role in a multinational consulting firm advising health system leaders; in Chief Executive and Executive Director roles leading and managing large hospitals and health systems, including hospital building and commissioning; corporate and clinical governance; service design and reconfiguration; workforce planning; digital implementation; development of operating cost models; risk management and project management.

Our supporters

Family Centre Visionaries

At the Family Centre, we are fortunate to be supported by individuals with wisdom, experience, and dedication. Some of these people have an extraordinary ability to drive progress and change. Their view of a better future is combined with a practical sense of how it can be achieved, and they have the persistence to make it happen. They are our Family Centre **Visionaries**, a title we award to acknowledge their remarkable contribution and impact. It is our highest level of recognition.

It gives us great pleasure to introduce our latest Visionary – our founding CEO, Ms Rebecca Johnson.

Ms Rebecca (Bec) Johnson

Bec has had an extraordinary impact on the Type 1 Diabetes Family Centre. Her passionate dedication to helping others with type 1 diabetes shaped the organisation, served as a source of inspiration for those affected by the condition, and influenced the way many of us think about the disease and its management.

Bec's journey with type 1 diabetes (T1D) began in 2001. It sparked in her a remarkable determination to uncover ways to manage the condition effectively. She fearlessly experimented with various approaches to managing the condition, demonstrating an unwavering optimism and relentless commitment to finding strategies that could enhance the quality of life for individuals with T1D.

Bec's belief that life with type 1 diabetes knows no limits was exemplified through her impressive achievements, including swimming solo across the 19.7-kilometer Rottneest Channel five times, sailing across the Atlantic, and becoming a SCUBA dive guide.



Rebecca Johnson

Her actions served as a powerful example, inspiring others to join her mission. Under Bec's leadership, the Type 1 Diabetes Family Centre developed a unique model of T1D management that is unparalleled in Australia. Her influence has created a safer and more compassionate environment for those with type 1 diabetes, leaving a lasting impact on the community. The type 1 community owes a deep debt of gratitude to Bec, and we thank her for her role in shaping the Family Centre into what it is today.

Mr Rick Malone

Rick's impact on the Family Centre has been profound and multifaceted. From the beginning, he played a crucial role in transforming the Family Centre from a clinical space into a warm and welcoming home-like environment, more inviting and appropriate for individuals facing challenging chronic medical conditions.

Beyond this, Rick's advocacy work resulted in significant systemic changes for the type 1 diabetes community, including securing extra time during ATAR exams for students with type 1 diabetes, ensuring equal opportunities for these young individuals in high-stakes assessments. He also served on the Board, including a term as Chair, and cared for the Centre's gardens, ensuring a lasting impact that remains evident today.



Mr Rick Malone

Mr Jeff Newman OAM

Admired for his extraordinary contribution to Western Australian kids as 'Mr Telethon', Jeff recognised the compelling need for better care for children with type 1 diabetes when his niece was diagnosed with the condition.

It inspired him to create the Family Centre. In securing the support of Telethon, Lotterywest, and the Western Australian State Government, Jeff brought the vision to life.

Jeff's leadership, dedication, and generosity enabled the Family Centre to establish its uniquely comprehensive, integrated, and effective model of diabetes care – the first of its kind in Australia.



Mr Jeff Newman OAM

Inaugural Honorary Life Membership An impact far beyond the ordinary

Mr Robert Towner

Rob's impact on the Family Centre is nothing short of extraordinary. For nearly a decade, he has displayed unwavering dedication and exceptional commitment to our organisation, despite having no personal connection to type 1 diabetes. During this time, he served on the Board, including a term as Chair, offering loyalty and support during a period of significant growth and change.

However, not only has Rob personally supported our mission, but he has also inspired others to do the same. His ability to connect with individuals and organisations from a diverse range of industries has been remarkable. His willingness to leverage these connections for the benefit of the Family Centre has been invaluable, helping us create important, enduring relationships.

One of Rob's most significant contributions is the Flametree Wines Luncheon, an event he introduced to our organisation. He invested substantial resources, time, and effort, leveraging his extensive network to make this event a cherished annual tradition that has raised nearly more than half a million dollars for the Family Centre to date.



Mr Robert Towner

Rob embodies the spirit of dedication, generosity, and community that the Family Centre values. We are deeply grateful for his remarkable dedication and extend our heartfelt thanks for his outstanding contributions.

It is with incredible gratitude that we pay tribute to Rob. In recognition of his impact, we are honoured to bestow upon him the title of our inaugural Honorary Life Member.

Our supporters (contd.)

Founding sponsors



Family Centre heroes



Other supporters

The Type 1 Diabetes Family Centre is grateful to have received generous support from the following individuals and organisations who have made gifts of \$10,000 and above during the last financial year.

Coogee Chemicals
Flametree Wines
Gallagher
Glenn Whiddon and Villa Opera
Hinds Transport Service Pty Ltd
HLB Mann Judd
Jeff Ash

Jenzen Family Trust
John and Bella Perry Foundation
MLB Golf Challenge Inc
North Perth Community Financial Services
Primewest Bunbury Centrepoint
WA Charity Direct

We also extend our heartfelt thanks to our volunteers and community fundraisers – without you, our work would not be possible.

How you can support us

We are committed to expanding our reach so that we can support more people who are impacted by this challenging condition.

To do this, we rely on the support and generosity of others. If you are interested in partnering with us to help improve the lives of people impacted by this complex medical condition, we welcome the opportunity to explore the options with you.

To find out more about how you can stand with us, and support people impacted by type 1 diabetes so that they can live life to the full, unimpeded by fear or disability, please contact:

Dianne Symons
Communications & Partnerships Manager
08 9446 6446
admin@type1familycentre.org.au
type1familycentre.org.au

Financial statements

For the financial year ended 30 June 2023



Auditor's independence declaration

As lead auditor for the audit of the financial report of Type 1 Diabetes Family Centre Limited for the year ended 30 June 2023, I declare that to the best of my knowledge and belief, there have been no contraventions of:

- the auditor independence requirements of the *Corporations Act 2001* in relation to the audit; and
- any applicable code of professional conduct in relation to the audit.

Perth, Western Australia
15 November 2023

B G McVeigh
Partner

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Independent Auditor's report

To the Members of Type 1 Diabetes Family Centre Limited

Report on the Audit of the Financial Report

Opinion

We have audited the financial report of Type 1 Diabetes Family Centre Limited ("the Company") which comprises the statement of financial position as at 30 June 2023, the statement of profit or loss and other comprehensive income, the statement of changes in equity and the statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies, and the directors' declaration.

In our opinion, the accompanying financial report of Entity has been prepared in accordance with Division 60 of the Australian Charities and Not-for-profits Commission Act 2012 including:

- (a) giving a true and fair view of the Company's financial position as at 30 June 2023 and of its financial performance for the year then ended; and
- (b) complying with Australian Accounting Standards and Division 60 of the Australian Charities and Not-for-profits Commission Regulation 2013.

Basis for opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Report section of our report. We are independent of the Entity in accordance with the auditor independence requirements of the Accounting Professional and Ethical Standards Board's APES 110 Code of Ethics for Professional Accountants ("the Code") that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Information other than the Financial Report and Auditor's Report thereon

The directors are responsible for the other information. The other information comprises the information included in the Company's annual report for the year ended 30 June 2023, but does not include the financial report and our auditor's report thereon.

Our opinion on the financial report does not cover the other information and accordingly we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial report, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial report or our knowledge obtained in the audit or otherwise appears to be materially misstated.

If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

Responsibilities of the Directors for the Financial Report

Management is responsible for the preparation of the financial report that gives a true and fair view in accordance with Australian Accounting Standards and the Australian Charities and Not-for-profits Commission Act 2012 and for such internal control as management determines is necessary to enable the preparation of the financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

In preparing the financial report, management is responsible for assessing the ability of the Entity to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intend to liquidate the Entity or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

As part of an audit in accordance with the Australian Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Company's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by the directors.
- Conclude on the appropriateness of the directors' use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Company's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Company to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.

We communicate with the directors regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

We also provide the directors with a statement that we have complied with relevant ethical requirements regarding independence, and to communicate with them all relationships and other matters that may reasonably be thought to bear on our independence, and where applicable, actions taken to eliminate threats or safeguards applied.


HLB Mann Judd
Chartered Accountants


B G McVeigh
Partner

Perth, Western Australia
15 November 2023

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HLB Mann Judd (WA Partnership) ABN 22 193 232 714

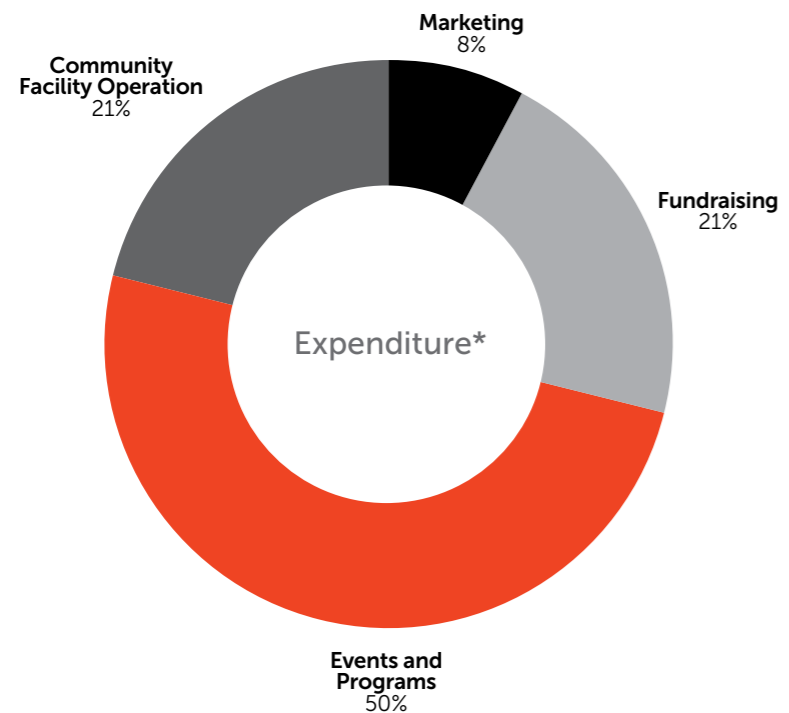
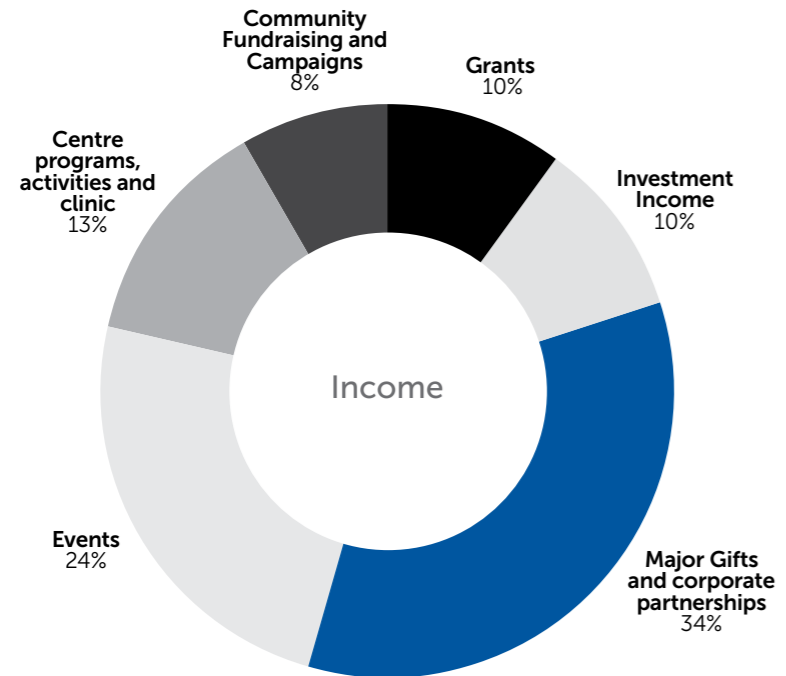
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Financial overview



* Depreciation and investment expenses excluded from this representation

Statement of financial position

As at 30 June 2023

	Notes	30 June 2023 \$	30 June 2022 \$
Assets			
Current Assets			
Cash and cash equivalents	6	586,443	464,506
Trade and other receivables	7	5,948	16,194
Other current assets	8	32,537	38,329
Total Current Assets		624,928	519,029
Non-Current Assets			
Financial assets	9	2,326,112	2,306,801
Property, plant and equipment	10	3,094,089	3,145,836
Total Non-current Assets		5,420,201	5,452,637
Total Assets		6,045,129	5,971,666
Liabilities			
Current Liabilities			
Trade and other payables	11	24,694	36,881
Provisions	12	31,768	72,466
Total Current Liabilities		56,462	109,347
Non-Current Liabilities			
Provisions	12	14,351	8,923
Total Non-Current Assets		14,351	8,923
Total Liabilities		70,813	118,270
Net Assets		5,974,316	5,853,396
Equity			
Accumulated surplus		3,639,749	3,702,008
Reserves	21	2,334,567	2,151,388
Total Equity		5,974,316	5,853,396

Statement of revenue and expenses and other comprehensive income

For the year ended 30 June 2023

	Notes	2023 \$	2022 \$
Revenue	5	867,861	860,679
Other income	5	237,979	187,131
		1,105,840	1,047,810
Expenses			
Depreciation expense	10	(57,207)	(57,854)
Events, program and services expenses		(139,828)	(169,288)
Employee benefit expense	5	(750,191)	(595,303)
Fundraising and marketing costs		(87,307)	(32,597)
Investment expenses		(17,427)	(1,460)
Other expenses		(116,139)	(148,998)
		(1,168,099)	(1,005,500)
(Deficit) / surplus before income tax		(62,259)	42,310
Income tax expense		-	-
Net (deficit) / surplus for the year		(62,259)	42,310
Other comprehensive income			
Fair value gains / (losses) on financial assets at fair value through other comprehensive income		183,179	(218,562)
Total other comprehensive income for the year		183,179	(218,562)
Total comprehensive income / (loss) for the year		120,920	(176,252)

Statement of cash flows

For the year ended 30 June 2023

	Notes	2023 \$	2022 \$
Cash flows from operating activities			
Receipts			
Grants, donations, program and fundraising		823,849	860,679
Other income including interest and investment income		292,620	168,852
Payments to suppliers and employee		(1,152,940)	(917,326)
Net cash (used in) / provided by operating activities	17	(36,471)	112,205
Cash flows from investing activities			
Purchase of property, plant and equipment		(5,460)	(4,862)
Redemption of investments		250,000	-
Purchase of investments		(86,132)	(346,227)
Net cash provided by / (used in) investing activities		158,408	(351,089)
Net increase / (decrease) in cash and cash equivalents		121,937	(238,884)
Cash and cash equivalents at the beginning of the year		464,506	703,390
Cash and cash equivalents at the end of the year	6	586,443	464,506



**TYPE 1 DIABETES
FAMILY CENTRE**

Type 1 Diabetes Family Centre

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