

Dial into your CGM data with your very own **Diabetes Detective!**



Improve your management in the moment!

Share real-time data and have live contact with Credentialed Diabetes Educator and Dietitian, Amy Rush!

- Fine tune your basal insulin
- Assess your carbohydrate and insulin sensitivity ratios
- Learn how foods affect your blood glucose and how to adjust your insulin to better manage a meal
- Learn how to manage insulin around your chosen sport or exercise

This is a completely individualised service. Chat with Amy about how to personalise the Diabetes Detective program to suit your needs.



Use your own CGM
or loan ours

**“ This has been a life
changing experience ”**

- Female, Age 26

For booking or enquiries

t 9446 6446 e amy@type1familycentre.org.au
11 Limosa Close Stirling WA 6021



**TYPE 1 DIABETES
FAMILY CENTRE**

WE'RE IN THIS TOGETHER

type1familycentre.org.au