



TYPE 1 DIABETES
FAMILY CENTRE

FREE
WORKSHOPS
FOR UP TO 4
PEOPLE*

Informal Carers Education Workshop

Tailored workshops that equip grandparents, extended family, and friends with the essential skills, knowledge, and confidence to safely care for a child living with Type 1 diabetes.

What's Included?

- Tailored training based on your child's needs
- Customised training manual
- Hands-on learning with practical examples
- Real-life scenarios and problem-solving
- Take-home resource booklet
- Face-to-face sessions or Telehealth

Delivered by empathetic trainers who have lived experience as parents of children with T1D, each session is tailored in collaboration with the child's parents. This ensures all information is specific, relevant, and suited to the individual child's needs.

Participants are also supported with a customised training manual, providing a valuable resource to refer back to whenever needed.



**FOR FURTHER DETAILS AND TO
REGISTER YOUR INTEREST:**

<https://www.type1familycentre.org.au/babysitters-carers>

*Thanks to WA Health's generous support, we can offer each family a complimentary workshop for up to 4 participants - please enquire with the team



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Government of Western Australia
Department of Health