

# Carers' Education



## A short workshop to train carers to support a person with type 1

Managing type 1 diabetes is a 24-hour per day task involving a frequent and ongoing series of calculations and insulin administrations. It requires consistency and diligence. As there are serious consequences of poorly managed diabetes many people lack confidence when supporting someone with the condition.

In our Carers' Education workshop, we take you through the essential information and show you how you can become competent and confident when caring for someone with type 1.

Our hands-on, practical, and informative two-hour workshop is delivered by our Health Programs Officer, Curtis Dickson. An experienced paramedic, and someone who lives with type 1 diabetes, Curtis works with carers to ensure the education is specific and appropriate for the individual.

Participants receive a customised education manual that can be referred to later.

Workshops are run by appointment, and are suitable for day-care centres, after-school centres, and carers of people with a disability.

**\$550**

for up to six people  
(max group size)  
presented at the  
Centre

**\$650**

off-site, within 60 km  
radius

All prices quoted ex-GST

**Bookings:** [bit.ly/BabysitterCarerEducationEOI](https://bit.ly/BabysitterCarerEducationEOI)  
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**TYPE 1 DIABETES  
FAMILY CENTRE**

**WE'RE IN THIS TOGETHER**