

# Babysitter Education



## A short workshop to train family and friends to confidently manage type 1

Playdates, outings, parties and sleepovers are an important part of growing up and no child should miss out on these magical occasions. Whether you're a grandparent, aunty, uncle, close friend or trusted babysitter, our Babysitter Education workshop will give you the knowledge and confidence you need to help care for a child living with type 1.

Our hands-on, practical and informative two-hour Babysitter Education workshop is delivered by our Health Programs Officer, Alia Parker. With an extensive background in education and two school-aged children with type 1 diabetes, Alia works with parents to ensure the training is specific and appropriate for the child, supported by our customised training manual that can be referred to later. Babysitter workshops are run by appointment, contact the Family Centre to make your booking.

**\$200**

for up to  
four people

Including  
Overnight  
Module

**\$250**

for up to  
four people

Overnight  
Module  
Only\*

**\$75**

for up to  
four people

**\$10**

per additional  
person

\*Must have previously  
completed the Babysitters  
Education Workshop

**Bookings** [bit.ly/BabysittersEOI](https://bit.ly/BabysittersEOI)  
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**TYPE 1 DIABETES  
FAMILY CENTRE**