



**TYPE 1 DIABETES  
FAMILY CENTRE**



# ANNUAL REVIEW

FOR THE FINANCIAL YEAR ENDED 30 JUNE 2022

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## VISION

A confident, competent, and connected type 1 community in Western Australia.

## MISSION

We offer effective education programs, supportive connections, inspirational role models, friendly allied healthcare, action-packed events, and family and adolescent camps to help people living with type 1 live without limits.

## VALUES

Action  
Collaboration  
Empathy  
Excellence  
Flexibility  
Integrity



# About the Type 1 Diabetes Family Centre

## Who we are

At the Type 1 Diabetes Family Centre, we work to ensure that every person impacted by type 1 diabetes in Western Australia has access to the services and support they need to live a rich, full life with type 1 diabetes.

## Our background

The Type 1 Diabetes Family Centre was founded by people who know how tough, lonely, isolating, and unrelenting type 1 diabetes can be, and how it impacts people, families, and our community at large.

They wanted to do something about changing that. And so, in 2012 the Family Centre started its journey towards becoming an Australia-first organisation to support people with this challenging, and often misunderstood, condition.

**This year we are proud to celebrate our 10th anniversary since incorporation.**



2014: Construction of our current home is well underway

# Some milestones from our first ten years

## 2012

- Incorporation

## 2014

- Sod-turning
- **Focus groups with type 1 families and adolescents** to inform the programs and services
- **Construction of our current home commences**

## 2015

- **Launch of our first online community** — the Type 1 Family Centre Parents' Community
- First team members **build and deliver nutrition, community event and family support programs and services**
- Our **first international guest, US-based Dr Joe Solowieczyk, RN MSW CDE**, visits the Family Centre
- June — **the Family Centre is officially opened**
- We continue to expand our programs, offering **information and nutrition sessions, Babysitters' Education, Teen Camp, and Family Camp**. The Family Centre **advocates for subsidises for continuous glucose monitors**



Sod-turning

## 2016

- We launch a carbohydrate counting program, first presented face-to-face, later transformed into **Australia's first online carb-counting program**
- **The Family Centre successfully advocates to change ATAR exam conditions**, recognising that students with type 1 must break their concentration frequently to attend to diabetes management tasks, and need extra time to work on their papers to account for this
- **We're the first ones to bring FlexIT**, a two-day flexible insulin therapy program designed by the Baker Institute, to WA
- The Family Centre leads advocacy with the South Pacific Underwater Medicine Society and the Australian Diabetes Society to change Australia's position on **SCUBA diving for people with type 1 diabetes**, allowing them to access the sport for the first time

Official opening



FlexIT Workshops

## 2017

- **Launched dietetics and diabetes education clinic**
- **The Family Centre's advocacy changes NAPLAN protocols** to ensure that students with type 1 diabetes have appropriate access to medical equipment in test conditions

Dr Joe Solowieczyk (centre) visits the Family Centre



Mother's Group

## 2018

- We launch a **mental health support service**, partnering with a psychological services clinic
- We launch our **HbA1c blood testing service**
- We do our **first insulin-pump start**, launching a vital service to insulin pump and continuous glucose monitoring technology through our clinic
- With the vision of establishing a whole-of-life service, **the Family Centre launches its Online Adults' Health Community**
- Insulin Nation recognises the **Family Centre's new model of care**

## 2019

- We launch our **Australia-first Schools' Education program**
- **Cyber Carbs goes online** — and becomes Australia's first online carb-counting course

## 2020

- **Katie Thivener** from the Barbara Davis Centre in Colorado — one of America's largest diabetes centres — visits the Family Centre so that **she can take some of our strategies and approaches back to the USA**
- We launch our **Type 1 Mothers' Group** for mums and mums-to-be living with type 1 diabetes.
- We respond to the COVID-19 pandemic by **going digital, offering telehealth clinics**
- We launch our **first regional Chapter Community in the South West**, led by a type 1 volunteer



Cyber Carbs

## 2021

- We expand our healthcare practitioner team, including offering a mental health service in-house — **WA's only full-time, dedicated, psychological service for people impacted by type 1 diabetes**

## 2022

- In response to the growing anxiety surrounding COVID-19, **we provide online webinars with leading US-based authorities in type 1 mental health**
- We present **informative online presentations from our healthcare practitioners, and online Q&A sessions from local health authorities** on developing sick day management plans, managing stress, boosting immunity, and staying physically healthy
- **We advocate for access to continuous glucose monitors for all ages**, and increased access to technology for all

Online webinar with optometrist and academic, Mark Lucey



# Our strategic direction

Since 2020, the Family Centre has focused on seven core strategies aimed at strengthening support for people with type 1 diabetes across Western Australia.

- 1

**Be known**  
Be known as the go-to organisation for type 1 diabetes information and support in WA.
- 2

**Create confidence**  
Ensure that people who engage with our service become more knowledgeable about diabetes and feel able to manage it confidently.
- 3

**Create connection**  
Build strong, positive networks of people impacted by type 1.
- 4

**Create capacity**  
Ensure that long-term planning and sustainability is enabled by successful fundraising and prudent investment.
- 5

**Represent the type 1 community**  
Build better awareness of type 1 in the community at large, and advocate for people with type 1.
- 6

**Value our people**  
Ensure our team is skilled, supported, motivated and effective.
- 7

**Govern well**  
Ensure we are governed effectively, and that our Board is skilled, strategic, and effective.

# Objectives

## Connecting communities

The Family Centre connects thousands of Western Australians impacted by type 1 diabetes through online services, innovative programs, and collaborative face-to-face events. Whether it's a workshop or talk, a transformational camp for families or teens, or a dinner or a sundowner for adults, the Family Centre enables community connection through as many touchpoints as possible.

## Trailblazing healthcare

The Family Centre's clinic provides life-changing support. Our clinic educates and empowers patients and provides access to vital technology.

## Education and awareness

Through individual consultations, group workshops, peer support, and online courses, the Family Centre offers practical information and vital know-how to help people impacted by type 1 build their capacity to self-manage their condition effectively.

# Our programs, services, and events

To thrive, people with type 1 diabetes need to understand the interrelationships between insulin, food, exercise, sleep, and stress.

However, to ensure that type 1 does not stand in the way of a life well lived, people with the condition need to go beyond purely understanding this interrelationship. They also require the skills to apply this knowledge to their daily life, accounting for their own unique situation, schedules, demands and aspirations.

The condition needs around-the-clock management, so mental resilience and social support are vital.

At the Family Centre, we address all these needs – we offer programs and services to help people impacted by type 1 build their capacity to maintain their physical health, stay mentally strong, and build and educate their support network.

**We are the only place in Australia offering such a multifaceted, integrated approach.**

- Aspirational projects**

**Digital diabetes education**  
An Australia-first comprehensive online education program for adults with type 1 diabetes to get them back to health, work, and life after their life-changing diagnosis.

**Reach to regional communities**  
Extending our communities to include the most isolated and under-served parts of WA.

**Help at hand**  
Expanding online, telephone, and face-to-face information, advocacy, and peer-support services.

**A bigger, better clinic**  
Additional allied healthcare services, focusing on a critical area of need: mental health.

**Access for all**  
The Family Centre seeks to ensure that everyone impacted by type 1 diabetes in Western Australia has access to the services and community they need to manage their condition effectively. Reaching disadvantaged groups is a key focus.



# Major programs, services and events



Teen Camp

## Family Camp

Family Camp can be a transformative experience, particularly for families who are dealing with a recent diagnosis. The time away provides a chance to absorb some of the information that has been presented — it is such a steep learning curve! Parents get a moment's respite from monitoring alarms 24-hrs/day, knowing that others around them know what to do, should an issue arise. Kids with type 1 meet others with the condition, which helps normalise it, and can help get over the fear of needles or feel less overwhelmed by technology. Siblings meet other children whose brothers or sisters have type 1, and get to be less fearful about what might go wrong, or a little more accepting about not being the focus of attention.

## Kids in the Kitchen

Learning to cook healthy food is a critical skill for good type 1 management, and meeting other young people with the condition helps establish important peer networks. This fun activity achieves both!

## Surfing excursion

Managing type 1 diabetes can be extra challenging when adrenaline (excitement!) and cold water immersion are added into the mix. Therefore, some children and young people are reluctant to engage in water sports.

Our surfing excursions allow them to expand their comfort zone, and build greater diabetes management skills, all in a safe, controlled environment.

## Cyber Carbs

A world-first interactive online carbohydrate counting course designed by the Family Centre.

## Teen Camp

Teen Camp helps young people become more independent in managing their condition. They meet other adolescents with type 1, and adults who live well with type 1. They also interact with health professionals in a non-clinical environment, and benefit from workshops designed to build their resilience. The kids love the camp — and their parents get a break!



Kids in the Kitchen



Surfing excursion

## FlexIT

The Flexible Insulin Therapy — or FlexIT — workshop has been designed by one of the leading diabetes institutes in Australia, Baker Heart & Diabetes Institute. The 2-day group-based education workshop teaches the concepts of flexible and effective insulin adjustment, and shows people with type 1 diabetes how to make insulin work with their lifestyle.

## Babysitters' and Carers' Education sessions

Short workshops tailored to an individual child's needs, designed to train friends and family to confidently babysit a child with type 1, or day-care centres or other carers to care for someone with this complex condition.



Consultations with healthcare practitioners

## Consultations with our healthcare practitioners

Individual consultations are available at the Family Centre. Our team of healthcare providers offer diabetes education, dietetics, and psychology support.



Family Camp

# 2021-22 calendar of programs, services, and events

We're here to support people with type 1 diabetes, and their loved ones, from the time of diagnosis and beyond. We're here to help them build their capacity to self-manage the condition, or overcome specific hurdles. We assist them in learning more about managing their physical health, and building their mental resilience. We also connect them with other people with type 1, and help them build a supportive and knowledgeable network.

Teen Camp



Family Camp



Omnipod DASH @ Information Evening

**To do this, specialist healthcare practitioners are available at the Family Centre, and we present a broad and ongoing range of programs, services, and events. Here's a snapshot of what we presented during this last year:**

## July 2021

- Kids in the Kitchen
- Inflatable World Excursion

## August 2021

- Solutions Forum — UWA Sports Research Evening
- September Mothers' Group

## September 2021

- Teen Camp

## October 2021

- Kids in the Kitchen
- I Know I Can Teen Mental Health Workshop
- Latitude Excursion
- Camp Quararup — 5-day Spring Family Camp
- Flexible Insulin Therapy (FlexIT) 2-day Workshop

## November 2021

- Omnipod DASH @ Information Night

## December 2021

- Type 1 Mothers' Group
- Family Centre Christmas Celebration
- Adults' Community Christmas Catch-up

## January 2022

- Camp Quararup — 5-day Summer Family Camp
- Teen Yoga & Lunch
- Kids in the Kitchen
- Adults' Community Coffee Morning

## February 2022

- Surfing Excursion
- Type 1 Adults' Coffee Catch-up

## March 2022

- Video presentation: Sick Day Management Plans by Fran Leclercq, Family Centre Certified Diabetes Educator
- Video presentation: Telehealth by Amy Rush, Family Centre Certified Diabetes Educator
- Video presentation: Managing Anxiety by Natalia Hazell, Family Centre Prov. Psychologist
- Flexible Insulin Therapy (FlexIT) 2-day Workshop
- Video presentation: Nutrition to Boost Your Immune System, by Beck Newton, Family Centre Certified Diabetes Educator
- Online Live Presentation: Mental Health Series Part 1 — Dr Joe Solowieczyk

## April 2022

- Online Information Forum: Staying Physically Healthy Series Part 1: Oral Health with Paediatric Oral Health Therapist Robyn Riley
- Online Live Presentation: Mental Health Series Part 2 — Dr Mark Heyman

## May 2022

- Online Information Forum: Staying Physically Healthy Series Part 2: Eye Health with optometrist and academic, Dr Mark Lucey
- Online Live Presentation: Mental Health Series Part 3 — Dr Bill Polonsky

## June 2022

- Online Information Forum: Staying Physically Healthy Series Part 3: Foot Health with podiatrist Earl Louis

# Our year in numbers



# Chair report

Having been on the Type 1 Diabetes Family Centre Board since the Family Centre's first days, it was an honour and privilege to take on the role of Chair in July 2021. It is with pleasure that I present my first Chair Report.

## Our most important goal

Undoubtedly, we faced challenging times throughout the 2021-22 financial year. For people with type 1 diabetes, everyday illnesses can be challenging. It's no different with COVID-19. As a result of the pandemic having a more acute impact on Western Australia during this last year, many people with type 1 restricted their travel, or limited their face-to-face contact.

As a result, the global health crisis accelerated the Family Centre's plans to adapt its service delivery models so that it could continue to meet its most important goal — ensuring that every person impacted by type 1 diabetes has access to the services and support they need to improve their lives.

Telehealth appointments and online courses were already integral to the Family Centre's operations, but a broader range of options was required. The Family Centre is to be commended for expanding the ways they provided care and support to people with type 1, and their loved ones.

Most notably, the Centre fast-tracked its online capacity and capabilities, enabling it to present information videos, interactive webinars, and live question-and-answer sessions. Through this, people impacted by type 1 could continue to build their capacity to manage their physical health, stay mentally strong, and access critical peer support.

As the Centre has rapidly adapted to a new, increasingly digital operating environment, geography has become less of a barrier to service access. A wealth of digital tools and resources are now available to help people living with type 1, no matter where they happen to be.

## Our newest Board Director

This year, we welcome Mr Peter Bennett, Chief Executive Officer and Managing Director, Clough, to the Board. Peter's entrepreneurial expertise, and corporate function management will bring even greater strength to the Family Centre's capacity to grow and expand. Peter also brings a personal perspective to the role — in 2018, his 8-year-old son was diagnosed with type 1 diabetes, so Peter knows the impact the Centre can have on all family members as they adjust to having type 1 in their lives.

## A milestone year

The end of this year marks some significant milestones, one being that it is 10 years since our incorporation. For those of us who have been here since inception, it is a little incredible to think it has been that long! However, it provides a great moment to pause, reflect on how much has been achieved, and prepare for the next phase of the Centre's development.

The Family Centre's first decade has been remarkable. It has seen incredible collaboration with the type 1 community, leading to the development of innovative programs, services, and events.

It has seen the Family Centre expand these programs, services, and events to become a whole-of-life support centre, available face-to-face and online, accessed individually and in groups. A new, holistic, model of care has been created, earning the Family Centre respect within the international type 1 community. In addition, the Family Centre has advocated for an incredible range of groups and issues, lending its support to bring about changes for school students; enabling access to technology for all ages; for SCUBA divers; and more.



Rob Towner  
Chair

We have also reached another milestone. On 30 June, our founding CEO, Bec Johnson, ended her remarkable tenure at the Centre. It isn't easy to put her impact into words, but it is accurate to say that Bec's pioneering spirit and innovative vision have driven much of the Family Centre's success over the past decade. A passionate experimenter, Bec has never shied away from action, from trialling new and innovative supports for people living with type 1. Deeply committed to co-design, Bec worked tirelessly with people impacted by the condition to develop and launch services that made a real difference right here and right now. Showing an almost flagrant disregard for what people thought couldn't be done, Bec both role-modelled her vision through extraordinary physical feats such as swimming the Rottne Channel solo and through encouraging and developing people in the community to "live a life without limits". Her legacy is an organisation committed to action, dedicated to meeting people where they are, and determined to remove barriers to a life well lived.

Bec moves away from the role having laid the foundations for new models of care for people with type 1 diabetes. Through years of effort and advocacy, the Family Centre has become a beloved part of the West Australian diabetes landscape and is well positioned to embrace opportunities for growth.

We are delighted that Bec has committed to staying on the Board. Operationally, Bec leaves the organisation poised for an exciting new chapter, where it can build on its current success. Throughout this next year, we look forward to furthering our expansion into regional Western Australia, launching digitised education courses, and more, all of which will give us the capacity to reach more people, and change more lives.

Rob Towner  
Chair

# CEO report

In the ten years since the Family Centre incorporated we have laid the foundation for Western Australians impacted by type 1 diabetes to realise their full potential. I am very proud of what we have achieved, both this year and throughout my time as CEO.

It took time for the Family Centre to carve out its place. We embraced an ambitious agenda which set us apart from others in the field and, ten years on, we stand strong, with thousands of families in our community, an impactful clinic and programs, a recognised and sought-after brand, effective partnerships with wonderful donors, and a clear path forward into the next decade.

Our team continues to advance our mission to help Western Australians with type 1 to confidently self-manage their condition — to live without limits. Our pillars of care go beyond the medical model; to live well with diabetes, we need insulin therapy, nutrition, physical activity, mental wellness, family support, practical help, and above all, community.

## **This year, the Family Centre expanded its impact in new and exciting ways:**

- We established Western Australia's only full-time mental health clinic dedicated to people with type 1 diabetes, and grew our clinical capacity considerably.
- Limitations placed on gatherings didn't deter us — we connected experts from across Australia and around the world through a dynamic program of informative and inspirational events online in tandem with our expanded digital education programs.
- We commenced work to connect isolated families to direct services and peer support, and grew engagement in our online communities which connect thousands of people around Western Australia to provide lifelines for information and social and emotional support.

- We looked beyond our shores to build important new relationships with key diabetes agencies in the United States. We undertook research with universities and research institutes in both Australia and New Zealand which culminated in the publication of several peer-reviewed papers appraising the Family Centre's forward-thinking nutrition interventions.

The Family Centre advocates clearly and courageously for the needs of our community. This year, we welcomed the news that continuous glucose monitors will be subsidised for adults with type 1, giving long-awaited access to a valuable and life-saving technology. The Family Centre, along with many others, doggedly pursued universal access to continuous glucose monitoring through political advocacy, media, and grassroots campaigning, and we were thrilled to see a positive outcome for more people in our community to self-manage their condition with confidence. This outcome is one of many advocacy achievements the Family Centre helped to drive over the years. I am confident there will be many more to come.

Leading the Family Centre has been an extraordinary experience for me. It is the only organisation of its kind in the country, so it's been an honour to have been part of creating a unique and wonderful resource which genuinely helps others.

I thank the dedicated members of the Family Centre's Board, past and present, all of whom have generously given their time and energy to make the Centre a success. I particularly thank our principal founder and inaugural Chair, Jeff Newman OAM, for his vision and his determined pursuit to bring it to reality with the



Rebecca  
Johnson, CEO

help of Lotterywest, Telethon and the WA State Government. I am delighted to remain on the Family Centre's Board, and I look forward to supporting the Centre in this new role.

It is a privilege to work with a team of professionals who give their all to our cause and our community. Our talented staff is integral to the Family Centre's remarkable achievements, and I thank them for their dedication, this year, and always.

Grants, donations and corporate partners allow us to innovate, expand our reach and impact, and help more families. Our valued partners have helped us financially in so many ways over the years — we cannot do our work without you. Thank you.

I believe in my heart that, if people with type 1 are given the tools they need to manage their health and mental wellbeing, then diabetes can actually become a superpower. Thanks to my own diagnosis with type 1, I have had the opportunity to meet and get to know families who live with type 1 — wonderful people I may

otherwise never have encountered. I appreciate the valuable relationships and the friendship of those I have been privileged to serve. You have been the Family Centre's motivation to keep striving to change things for the better.

The Family Centre is well-positioned to meet the opportunities and challenges of being a national and international leader in the very best of diabetes care and management. At the start of a new chapter, the Family Centre's mission has never been more compelling. It is my pleasure to welcome Benjamin Jardine into the role of CEO to build on our excellent foundation and carry forward our mission.

Rebecca Johnson  
Chief Executive Officer

# Our board



**Mr Rob Towner**  
*Chair*

Following a successful stockbroking career spanning 20 years, Rob has founded several companies and is the former Managing Director of ASX-listed Triangle Energy (Global) Limited. In 2007 Rob and his family established the successful boutique Margaret River winery, Flametree Wines.

Alongside his unwavering commitment to raising funds for the Family Centre, Rob is an active participant in his community, and has been a long-term member of several local sporting clubs. Rob has also served on the Christ Church Grammar School Old Boys' Association as a committee member.



**Ms Rebecca Johnson**  
*Director*  
*CEO (concluded 30 June 2021)*

Diagnosed with type 1 in 2001, Bec is passionate about helping people with diabetes. Winner of the 2020 Business News 40 under 40 People's Choice and HBF Community/Non-Profit/Social Enterprise Awards, Bec holds qualifications in Law and Arts (UWA), a Master of Public Health (USyd), and a Diploma of Business (Governance). Bec is an Associate Fellow of the Australasian College of Health Services Management, a Fellow of the Australian Institute of Community Directors, and a Fellow of Leadership WA. She is the only Australian to have been selected as one of the 100 Fellows of the global Facebook Community Leadership Program.

Bec believes that there are no limits on life with type 1 diabetes, and she has swum solo across the 19.7-kilometre Rottnest Channel five times, sailed across the Atlantic, and become a SCUBA dive guide to prove it.



**Ms Maria Cavallo**  
*Director & Company Secretary*

Maria holds a Bachelor of Business Degree with a double major in Accounting and Public Practice, is a Chartered Accountant and is recognised as a Registered Company Auditor by the Australian Securities and Investment Commission. She joined AMD Chartered Accountants as a Graduate Auditor in 2001 and was appointed a director of the firm in 2012. In addition, Maria is the Western Australian representative on the Chartered Accountants Australia and New Zealand Regional and Rural Advisory Committee.

Maria is actively involved in her community. She serves on the Edith Cowan University South-West Campus (Bunbury) Advisory Board; is Deputy Chair of the Bunbury Cathedral Grammar School and Chair of the Finance sub-committee; is a council member of the Catholic Diocese of Bunbury Diocesan Finance Council; serves as Treasurer of the Bunbury Cathedral Grammar School Old Grammarians' Association Inc; and is Treasurer of the Catholic Parish of Donnybrook — Capel & Kirup. She brings exceptional governance and finance skills to the Family Centre board.



**Dr Joey Kaye**  
*Director*

Dr Kaye is a consultant endocrinologist and current Head of Department, Diabetes and Endocrinology at Sir Charles Gairdner Hospital. He is a graduate of the University of Western Australia and completed his advanced training in Diabetes and Endocrinology at various hospitals in Western Australia as well as in Bristol, United Kingdom.

In addition, he holds the role of Clinical Senior Lecturer at the University of Western Australia. Dr Kaye has a PhD in stress neuroendocrinology that he undertook at the Henry Wellcome Laboratories for Integrative Neuroscience in Bristol, UK.



**Professor Frank Daly**  
*Director*  
*(Appointed 21 October 2021)*

Professor Daly has thirty years of experience in the health care sector as a clinician, academic, clinical leader, executive and advisor. His highest priorities are patient safety, quality care and patient experience.

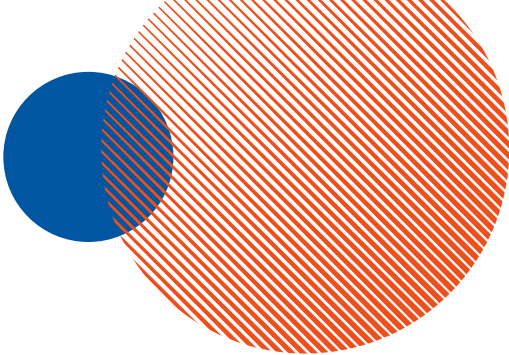
Professor Daly has worked in an Australasia-wide role in a multinational consulting firm advising health system leaders; in Chief Executive and Executive Director roles leading and managing large hospitals and health systems, including hospital building and commissioning; corporate and clinical governance; service design and reconfiguration; workforce planning; digital implementation; development of operating cost models; risk management and project management.



**Mr Peter Bennett**  
*Director*  
*(Appointed 19 May 2022)*

Peter commenced his career as a graduate mechanical engineer with CB&I in Australia. During his 26-year tenure, Peter progressed through a diverse range of roles including engineering, project management, business development, operations management, corporate function management and general management. Prior to joining Clough, Peter was President, Oil & Gas International for CB&I, based in The Hague. He now has over 30 years of experience in the energy and infrastructure contracting service sector. His experience spans contracting business process, operational, and corporate leadership.

Peter is passionate about diversity, equity and inclusion and is an avid advocate of its importance. Peter also mentors numerous young professionals and people across the industry.



# Our supporters

## Family Centre Visionaries

At the Family Centre, we are fortunate to be supported by individuals with wisdom, experience, and dedication. Some of these people have an extraordinary ability to drive progress and change. Their view of a better future is combined with a practical sense of how it can be achieved, and they have the persistence to make it happen. They are our Family Centre **Visionaries**, a title that we award to acknowledge their remarkable contribution and impact. It is our highest level of recognition.



### Mr Rick Malone

Rick’s impact on the Family Centre has been profound. Involved from the outset, Rick was compelled to ensure that the Family Centre felt less like a clinic, and more like home. His conviction that people enduring challenging medical conditions need care and support is embodied in the design of the building. This vision was instrumental in creating the warm, welcoming Family Centre that we see today.

Rick’s influence didn’t stop there. Over the last decade, the Family Centre has benefitted from his leadership, expertise, generosity, and wisdom. An accomplished lawyer, Rick’s advocacy work achieved significant systemic changes for the type 1 community, including providing students with type 1 diabetes with extra time during ATAR exams with which to manage their condition. This change gave young people with type 1 access to equal opportunity to high-stakes exams.

Rick also served on the Board, including time as Chair. Along with this, he made sure that the Family Centre’s gardens flourished!

### Mr Jeff Newman OAM

Admired for his extraordinary contribution to Western Australian kids as ‘Mr Telethon’, Jeff recognised the compelling need for better care for children with type 1 diabetes when his niece was diagnosed with the condition.

It inspired him to create the Family Centre. In securing the support of Telethon, Lotterywest, and the Western Australian State Government, Jeff brought the vision to life.

Jeff’s leadership, dedication, and generosity enabled the Family Centre to establish its uniquely comprehensive, integrated, and effective model of diabetes care — the first of its kind in Australia.



## Founding sponsors



## Family Centre heroes



## Other supporters

The Type 1 Diabetes Family Centre is grateful to have received generous support from the following individuals and organisations who have made gifts of \$10,000 and above during the last financial year.

- |                                      |                                      |
|--------------------------------------|--------------------------------------|
| Bob Bollen & Benz Industries Pty Ltd | Making Life Better Charity           |
| Bowen Foundation                     | Michael Carrick & RTG Mining Inc.    |
| Coogee Chemicals                     | North Perth Community Bank           |
| Flametree Wines                      | Optimal Pharmacy                     |
| Future2 Foundation                   | Peter & Joanne Gilkison              |
| Gallagher                            | Primewest Centrepont Shopping Centre |
| Graham & Liz Jenzen                  | Telethon Community Cinemas           |
| Hind’s Transport Services Pty Ltd    | The John and Bella Perry Foundation  |
| HLB Mann Judd                        | WA Charity Direct                    |
| HSA Marine Pty Ltd                   |                                      |
| Jeff Ash                             |                                      |

We also extend our heartfelt thanks to our volunteers and community fundraisers — without you our work would not be possible.

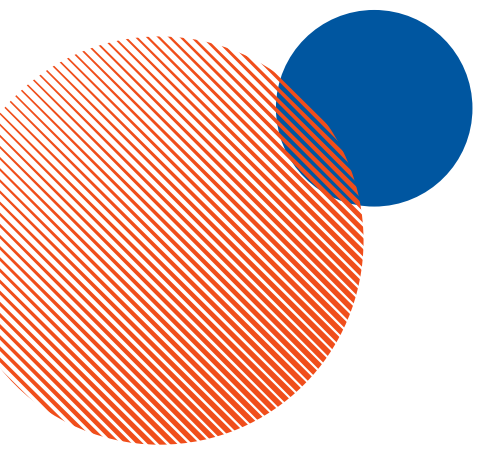
# How you can support us

We are committed to expanding our reach so that we can support more people who are impacted by this challenging condition.

To do this, we rely on the support and generosity of others. If you are interested in partnering with us to help improve the lives of people impacted by this challenging medical condition, we welcome the opportunity to explore the options with you.

To find out more about how you can stand with us, and support people impacted by type 1 diabetes so that they can live life to the full, unimpeded by fear or disability, please contact:

**Dianne Symons**  
*Communications & Partnerships Manager*  
08 9446 6446  
admin@type1familycentre.org.au  
type1familycentre.org.au



# Financial statements

For the financial year ended 30 June 2022



## Auditor's independence declaration

As lead auditor for the audit of the financial report of Type 1 Diabetes Family Centre Limited for the year ended 30 June 2022, I declare that to the best of my knowledge and belief, there have been no contraventions of:

- a) the auditor independence requirements of the *Corporations Act 2001* in relation to the audit; and
- b) any applicable code of professional conduct in relation to the audit.

Perth, Western Australia  
24 November 2022

**B G McVeigh**  
*Partner*

**hlb.com.au**  
**HLB Mann Judd (WA Partnership) ABN 22 193 232 714**  
Level 4, 130 Stirling Street, Perth WA 6000 / PO Box 8124 Perth BC WA 6849  
**T:** +61 (0)8 9227 7500 **E:** mailbox@hlbwa.com.au  
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## Independent Auditor's report

To the Members of Type 1 Diabetes Family Centre Limited

### Report on the Audit of the Financial Report

#### Opinion

We have audited the financial report of Type 1 Diabetes Family Centre Limited ("the Entity") which comprises the statement of financial position as at 30 June 2022, the statement of comprehensive income, the statement of changes in equity and the statement of cash flows for the year then ended, and notes to the financial statements, including a summary of significant accounting policies, and the directors' declaration.

In our opinion, the accompanying financial report of Entity has been prepared in accordance with Division 60 of the Australian Charities and Not-for-profits Commission Act 2012 including:

- a) giving a true and fair view of the Entity's financial position as at 30 June 2022 and of its financial performance for the year then ended; and
- b) complying with Australian Accounting Standards and Division 60 of the Australian Charities and Not-for-profits Commission Regulation 2013.

#### Basis for opinion

We conducted our audit in accordance with Australian Auditing Standards. Our responsibilities under those standards are further described in the Auditor's Responsibilities for the Audit of the Financial Report section of our report. We are independent of the Entity in accordance with the auditor independence requirements of the Accounting Professional and Ethical Standards Board's APES 110 Code of Ethics for Professional Accountants ("the Code") that are relevant to our audit of the financial report in Australia. We have also fulfilled our other ethical responsibilities in accordance with the Code.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### Information other than the Financial Report and Auditor's Report thereon

The directors are responsible for the other information. The other information comprises the information included in the annual report for the year ended 30 June 2022, but does not include the financial report and our auditor's report thereon.

Our opinion on the financial report does not cover the other information and accordingly we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial report, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial report, or our knowledge obtained in the audit or otherwise appears to be materially misstated.

If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact. We have nothing to report in this regard.

#### Responsibilities of management and Directors for the Financial Report

Management is responsible for the preparation of the financial report that gives a true and fair view in accordance with Australian Accounting Standards and the Australian Charities and Not-for-profits Commission Act 2012 and for such internal control as management determines is necessary to enable the preparation of the financial report that gives a true and fair view and is free from material misstatement, whether due to fraud or error.

In preparing the financial report, management is responsible for assessing the ability of the Entity to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless management either intend to liquidate the Entity or to cease operations, or have no realistic alternative but to do so.

### Auditor's Responsibilities for the audit of the Financial Report

Our objectives are to obtain reasonable assurance about whether the financial report as a whole is free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with Australian Auditing Standards will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of this financial report.

As part of an audit in accordance with the Australian Auditing Standards, we exercise professional judgement and maintain professional scepticism throughout the audit. We also:

- Identify and assess the risks of material misstatement of the financial report, whether due to fraud or error, design and perform audit procedures responsive to those risks, and obtain audit evidence that is sufficient and appropriate to provide a basis for our opinion. The risk of not detecting a material misstatement resulting from fraud is higher than for one resulting from error, as fraud may involve collusion, forgery, intentional omissions, misrepresentations, or the override of internal control.
- Obtain an understanding of internal control relevant to the audit in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the Entity's internal control.
- Evaluate the appropriateness of accounting policies used and the reasonableness of accounting estimates and related disclosures made by management.
- Conclude on the appropriateness of management's use of the going concern basis of accounting and, based on the audit evidence obtained, whether a material uncertainty exists related to events or conditions that may cast significant doubt on the Entity's ability to continue as a going concern. If we conclude that a material uncertainty exists, we are required to draw attention in our auditor's report to the related disclosures in the financial report or, if such disclosures are inadequate, to modify our opinion. Our conclusions are based on the audit evidence obtained up to the date of our auditor's report. However, future events or conditions may cause the Entity to cease to continue as a going concern.
- Evaluate the overall presentation, structure and content of the financial report, including the disclosures, and whether the financial report represents the underlying transactions and events in a manner that achieves fair presentation.

We communicate with the directors regarding, among other matters, the planned scope and timing of the audit and significant audit findings, including any significant deficiencies in internal control that we identify during our audit.

We also provide the directors with a statement that we have complied with relevant ethical requirements regarding independence, and to communicate with them all relationships and other matters that may reasonably be thought to bear on our independence, and where applicable, related safeguards.

HLB Mann Judd  
Chartered Accountants

B G McVeigh  
Partner

Perth, Western Australia  
24 November 2022

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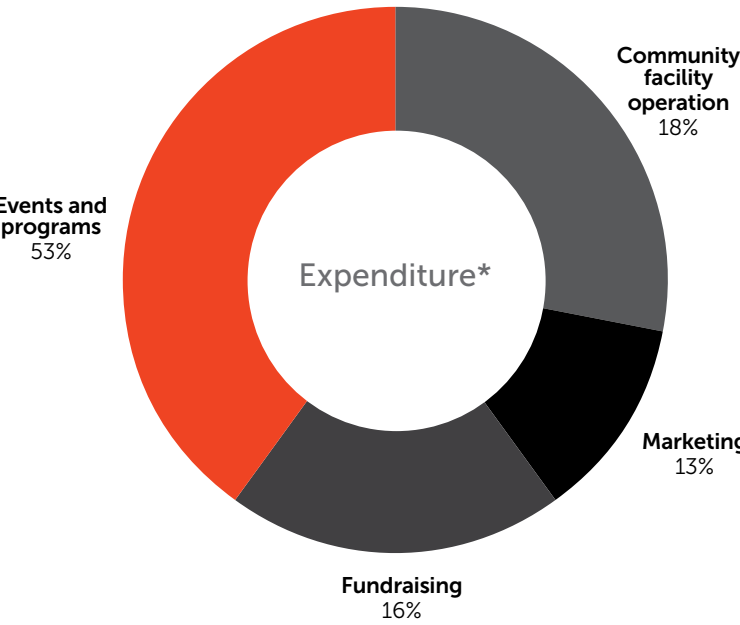
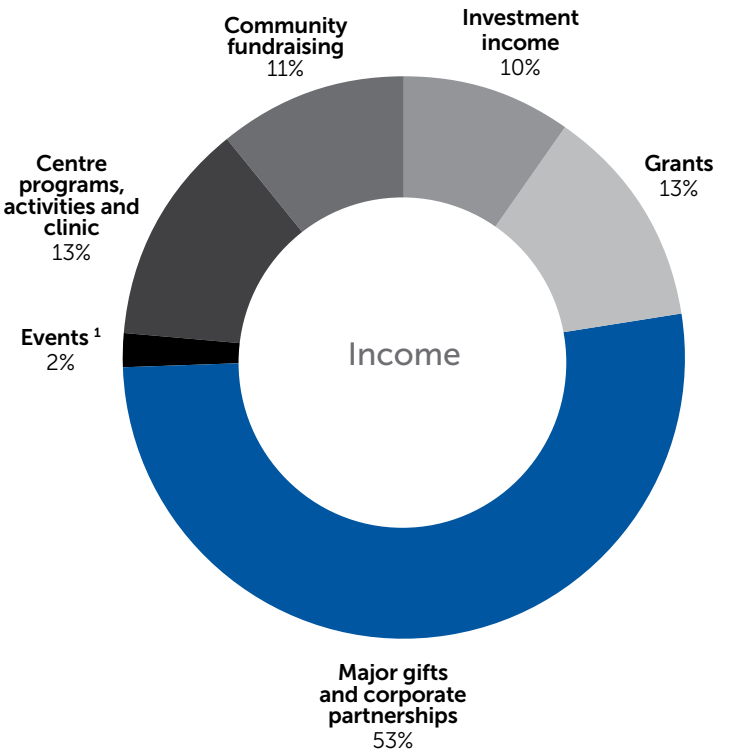
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# Overview



\* Depreciation and investment expenses excluded from this representation

1. Impacted by COVID-19

# Statement of financial position

As at 30 June 2022

|                                            | Notes | 30 June 2022<br>\$         | 30 June 2021<br>\$         |
|--------------------------------------------|-------|----------------------------|----------------------------|
| <strong>Assets</strong>                    |       |                            |                            |
| <strong>Current Assets</strong>            |       |                            |                            |
| Cash and cash equivalents                  | 6     | 464,506                    | 703,390                    |
| Trade and other receivables                | 7     | 16,194                     | 6,927                      |
| Other current assets                       | 8     | 38,329                     | 22,536                     |
| <strong>Total Current Assets</strong>      |       | <strong>519,029</strong>   | <strong>732,853</strong>   |
| <strong>Non-Current Assets</strong>        |       |                            |                            |
| Financial assets                           | 9     | 2,306,801                  | 2,179,136                  |
| Property, plant and equipment              | 10    | 3,145,836                  | 3,198,828                  |
| <strong>Total Non-Current Assets</strong>  |       | <strong>5,452,637</strong> | <strong>5,377,964</strong> |
| <strong>Total Assets</strong>              |       | <strong>5,971,666</strong> | <strong>6,110,817</strong> |
| <strong>Liabilities</strong>               |       |                            |                            |
| <strong>Current Liabilities</strong>       |       |                            |                            |
| Trade and other payables                   | 11    | 36,881                     | 15,130                     |
| Provisions                                 | 12    | 72,466                     | 62,281                     |
| <strong>Total Current Liabilities</strong> |       | <strong>109,347</strong>   | <strong>77,411</strong>    |
| <strong>Non-Current Liabilities</strong>   |       |                            |                            |
| Provisions                                 | 12    | 8,923                      | 3,758                      |
| <strong>Total Non-current Assets</strong>  |       | <strong>8,923</strong>     | <strong>3,758</strong>     |
| <strong>Total Liabilities</strong>         |       | <strong>118,270</strong>   | <strong>81,169</strong>    |
| <strong>Net Assets</strong>                |       | <strong>5,853,396</strong> | <strong>6,029,648</strong> |
| <strong>Equity</strong>                    |       |                            |                            |
| Accumulated surplus                        |       | 3,702,008                  | 3,909,698                  |
| Reserves                                   | 21    | 2,151,388                  | 2,119,950                  |
| <strong>Total Equity</strong>              |       | <strong>5,853,396</strong> | <strong>6,029,648</strong> |

The above Statement of Financial Position should be read in conjunction with the accompanying notes.

## Statement of revenue and expenses and other comprehensive income

For the year ended 30 June 2022

|                                                                                                  | Notes | 2022<br>\$         | 2021<br>\$       |
|--------------------------------------------------------------------------------------------------|-------|--------------------|------------------|
| Revenue                                                                                          | 5     | 860,679            | 1,124,862        |
| Other income                                                                                     | 5     | 187,131            | 263,791          |
|                                                                                                  |       | <b>1,047,810</b>   | <b>1,388,653</b> |
| <b>Expenses</b>                                                                                  |       |                    |                  |
| Depreciation expense                                                                             | 10    | (57,854)           | (58,664)         |
| Events, program and services expenses                                                            |       | (169,288)          | (52,664)         |
| Employee benefit expense                                                                         | 5     | (595,303)          | (451,033)        |
| Fundraising and marketing costs                                                                  |       | (32,597)           | (44,316)         |
| Investment expenses                                                                              |       | (1,460)            | (19,308)         |
| Other expenses                                                                                   |       | (148,998)          | (111,025)        |
|                                                                                                  |       | <b>(1,005,500)</b> | <b>(737,010)</b> |
| Surplus before income tax                                                                        |       | 42,310             | 651,643          |
| Income tax expense                                                                               |       | -                  | -                |
| <b>Net surplus for the year</b>                                                                  |       | <b>42,310</b>      | <b>651,643</b>   |
| <b>Other comprehensive income</b>                                                                |       |                    |                  |
| Fair value losses / (gains) on financial assets at fair value through other comprehensive income |       | (218,562)          | 182,857          |
| <b>Total other comprehensive income for the year</b>                                             |       | <b>(218,562)</b>   | <b>182,857</b>   |
| <b>Total comprehensive income / (loss) for the year</b>                                          |       | <b>(176,252)</b>   | <b>834,500</b>   |

The above Statement of Revenue and Expenses and Other Comprehensive Income should be read in conjunction with the accompanying notes.

## Statement of cash flows

For the year ended 30 June 2022

|                                                               | Notes | 2022<br>\$       | 2021<br>\$         |
|---------------------------------------------------------------|-------|------------------|--------------------|
| <b>Cash flows from operating activities</b>                   |       |                  |                    |
| <b>Receipts</b>                                               |       |                  |                    |
| Grants, donations, program and fundraising                    |       | 860,679          | 1,124,601          |
| Other income including interest and investment income         |       | 168,852          | 369,478            |
| Payments to suppliers and employee                            |       | (917,326)        | (740,747)          |
| <b>Net cash provided by operating activities</b>              | 17    | <b>112,205</b>   | <b>753,332</b>     |
| <b>Cash flows from investing activities</b>                   |       |                  |                    |
| Purchase of property, plant and equipment                     |       | (4,862)          | (4,876)            |
| Purchase of investments                                       |       | (346,227)        | (1,048,543)        |
| <b>Net cash used in investing activities</b>                  |       | <b>(351,089)</b> | <b>(1,053,419)</b> |
| <b>Net (decrease) in cash and cash equivalents</b>            |       | <b>(238,884)</b> | <b>(300,087)</b>   |
| <b>Cash and cash equivalents at the beginning of the year</b> |       | <b>703,390</b>   | <b>1,003,477</b>   |
| <b>Cash and cash equivalents at the end of the year</b>       | 6     | <b>464,506</b>   | <b>703,390</b>     |

The above Statement of Cash Flows should be read in conjunction with the accompanying notes.



**TYPE 1 DIABETES  
FAMILY CENTRE**

Type 1 Diabetes Family Centre  
11 Limosa Close, Stirling WA  
+61 8 9446 6446  
[hello@type1familycentre.org.au](mailto:hello@type1familycentre.org.au)  
[type1familycentre.org.au](http://type1familycentre.org.au)